# Men Directions September 2018 - May 2019

Men4Directions is a renewable year long program with Oasis Ministries intended to help men grow in faith, self-awareness, and spiritual wholeness. We can all use help finding our way from time to time—men are no different. Men need the support of one another to be honest and real about life. Through small group discussions, monthly consultation with a "spiritual brother", and contemplative practice, men are encouraged to know themselves, listen to the still small voice within, and to honor their souls.

# Is Men4D Right for You?

- Do you long for a connection with other men that runs deep?
- Does the idea of sharing with brothers about your spiritual life interest you?
- Do you want to understand your life journey in a way that brings greater freedom?
- Do you long to find ways to engage your life in service beyond your work?
- Do you feel drawn to be in nature as a place of belonging?





## 4 Directions

The directions refer to east, south, west, and north— compass points along our journeys. It's not a linear approach, but a circular path that honors the rhythms of life. The cycle of the day, too, is acknowledged: morning, noon, evening, and night; four seasons of each day, a life-time in the making.

# **4** Seasonal Gatherings



## **Men4Directions** Leader



Roy Shirley is a licensed professional counselor and a spiritual director. He completed his spiritual direction training in 2016 through Oasis Ministries. Roy is currently enrolled in The Living School for Action

and Contemplation in Albuquerque, NM, where he is seeking to learn and help others deepen their engagement with God, their truest selves, and the world. He leads retreats and workshops related to understanding and embracing your unique story and for men's topics related to male spirituality and their life journey. Roy was a participant in Men4Directions for two years.

## 4 Commitments to Make it Happen

- 1 Covenant a promise among brothers to study, pray, share, and grow together for one year.
- 2 Community quarterly retreats in the woods to listen, discuss, and discern with others. The time between retreats will be bolstered by one-to-one elder mentoring and peer support.
  - 3 Contemplation a regular practice of silence and solitude
- 4 Compassion a regular practice of service to others

## **Dates for Men4Directions**



**Second Gathering** 6:00 pm Friday - 3:00 pm Saturday 11/16/18 - 11/17/18

**Third Gathering** 6:00 pm Friday - 3:00 pm Saturday 2/15/19 - 2/16/19

**Fourth Gathering** 6:00 pm Friday - 1:00 pm Monday 5/3/19 - 5/6/19

# **Tuition**

TUITION: \$900\*, plus an Application Fee of \$100 (non-refundable, not part of tuition). The balance of tuition may be paid in full at any time.

- If the application is received by May 31, 2018, the participant will receive a discount of \$50 from the tuition.
  - → If the application is received after August 31, 2018, \$50 will be added to their tuition fee.

\*In an effort to deepen the community and foster long-term growth, participants are welcome and encouraged to continue on the M4D journey in subsequent years. While cyclical, the M4D model may also be thought of as an on-going spiral allowing us to ascend to new heights togehter. Partcipants who register for additional year(s) receive a discounted tution rate of \$720 per year (normally \$900).

Payments by check or credit card (MasterCard, Visa and Discover) are welcome. If paying via installments we anticipate \$100 (plus \$50 if application was received after August 31, 2018, minus \$50 if application was received prior to May 31, 2018) due upon acceptance into the program and payments of \$200 by each gathering date in September, November, Feburary, and May. If withdrawing prior to September 1, 2018, a full refund of tuition already paid will be returned, less \$50 to cover administrative time and processing.

Program fee remains the same regardless of the number of sessions attended. Oasis rarely cancels due to weather. If a regular program is cancelled due to weather an online meeting may be possible and any missed content will be made available to participants. No refunds for snow days or for sessions a participant needs to miss.

## Location for all Gatherings:

### Camp Krislund

189 Krislund Drive, Box 116 Madisonburg, PA 16852

### **SCHOLARSHIPS**

Some scholarship help is available. Scholarship is granted based upon scholarship receipts and requests. Contact us after seeking assistance from other local sources of funding (like your church or denomination).

To register for the Men4D 2018-2019 program, please visit: <u>www.oasismin.org/apply-Men4D</u>

Or print and complete the last page in this brochure and mail to the Oasis Ministries office at:



For questions or more information, please contact the Oasis Ministries office: Phone: **717-737-8222** Email: **oasismin@oasismin.org** Or visit our website at <u>www.oasismin.org/Men4D</u>



# **Men4Directions Registration**

2018 - 2019 Program Year

#### <u>Name</u>

First Name	Last Name	Email
<u>Address</u>		
Street Address		Street Address Line 2
City	State	Zip Code Country
Phone Numbers ( ) - Home Phone	Cell Phone	Religious Affiliation

#### What prompts your interest in this program?

### What specifically do you hope to gain from this program?

### What readings and personal experiences have influenced your understanding of spiritual guidance?

Write the names, addresses, and phone numbers of one or more persons who will act as references for you and be supportive through this time. Please ask each to write Oasis a brief letter outlining how they think this program would be right for you at this time. Please have them send it to Oasis Ministries, 419 Deerfield Road, Camp Hill, PA 17011, or email it to: oasismin@oasismin.org.

		(	) -
Name of Reference #1		Phone	
Street Address	City	State	Zip Code
		(	) -
Name of Reference #2 (optional)		Phone	
Street Address	City	State	Zip Code

The Men4D Application fee is \$100 (non-refundable, not part of tuition). Please include a check made out to *Oasis Ministries* and include it with your completed application. Please mail both to: